

**GULF COAST SWIM TEAM**

**Individual Meet Results**

USA Swimming Junior National Championship 04-Aug-08 to 08-Aug-08 LC Meters

Location: Minneapolis, MN

Gulf Coast Swim Team [GCST-FL] Coach: Don Henshaw

Time	F/P/S	Event	Place	Points	Improv
<b>Bowser, Greg M (15) B</b>					
4:07.18L	JRLC P # 20	Boys Senior 400 Free	67	---	0.21
	28.46	59.29 1:30.75 2:02.05 2:33.75 3:05.56 3:37.24 4:07.18			
	(28.46)	(30.83) (31.46) (31.30) (31.70) (31.81) (31.68) (29.94)			
16:46.15L	SUSE F # 32	Boys Senior 1500 Free	69	---	7.39
	29.54	1:01.89 1:34.31 2:07.65 2:40.72 3:14.05 3:46.98 4:20.63			
	(29.54)	(32.35) (32.42) (33.34) (33.07) (33.33) (32.93) (33.65)			
	4:54.12	5:28.03 6:01.86 6:36.23 7:09.52 7:43.28 8:17.08 8:50.74			
	(33.49)	(33.91) (33.83) (34.37) (33.29) (33.76) (33.80) (33.66)			
	9:24.62	9:58.81 10:32.59 11:06.98 11:40.87 12:15.28 12:49.49 13:24.04			
	(33.88)	(34.19) (33.78) (34.39) (33.89) (34.41) (34.21) (34.55)			
	13:57.88	14:32.37 15:06.08 15:40.09 16:13.50 16:46.15			
	(33.84)	(34.49) (33.71) (34.01) (33.41) (32.65)			
2:14.67L	SUSE T # 210	Boys Senior 200 Fly	14	---	2.81
	29.89	1:04.09 1:39.06 2:14.67			
	(29.89)	(34.20) (34.97) (35.61)			
<b>Caldwell, Nicholas J (15) B</b>					
8:15.40L	USOP F # 2	Boys Senior 800 Free	6	13	-8.22
	28.09	58.77 1:29.91 2:01.26 2:32.84 3:04.11 3:35.50 4:06.94			
	(28.09)	(30.68) (31.14) (31.35) (31.58) (31.27) (31.39) (31.44)			
	4:35.33	5:09.74 5:41.26 6:12.38 6:44.01 7:15.22 7:45.82 8:15.40			
	(28.39)	(34.41) (31.52) (31.12) (31.63) (31.21) (30.60) (29.58)			
2:14.07L	SUSE P # 10	Boys Senior 200 Fly	102	---	4.11
	29.29	1:02.75 1:38.24 2:14.07			
	(29.29)	(33.46) (35.49) (35.83)			
4:41.30L	JRSC P # 14	Boys Senior 400 IM	79	---	4.66
	29.49	1:02.70 1:39.18 2:14.50 2:55.89 3:38.56 4:10.20 4:41.30			
	(29.49)	(33.21) (36.48) (35.32) (41.39) (42.67) (31.64) (31.10)			
4:07.76L	JRSC P # 20	Boys Senior 400 Free	75	---	5.16
	28.12	58.85 1:30.65 2:01.87 2:33.22 3:04.90 3:36.83 4:07.76			
	(28.12)	(30.73) (31.80) (31.22) (31.35) (31.68) (31.93) (30.93)			
16:09.42L	JRLC F # 32	Boys Senior 1500 Free	27	---	27.30
	28.32	59.27 1:30.85 2:02.28 2:34.15 3:05.98 3:38.44 4:10.48			
	(28.32)	(30.95) (31.58) (31.43) (31.87) (31.83) (32.46) (32.04)			
	4:42.81	5:15.30 5:48.03 6:20.72 6:53.74 7:26.26 7:58.94 8:31.55			
	(32.33)	(32.49) (32.73) (32.69) (33.02) (32.52) (32.68) (32.61)			
	9:04.35	9:36.88 10:09.34 10:42.18 11:15.37 11:47.84 12:20.82 12:53.54			
	(32.80)	(32.53) (32.46) (32.84) (33.19) (32.47) (32.98) (32.72)			
	13:26.46	13:59.28 14:32.59 15:05.27 15:38.00 16:09.42			
	(32.92)	(32.82) (33.31) (32.68) (32.73) (31.42)			
<b>Dubrasky, Molly J (15) G</b>					
9:06.58L	JRSC F # 1	Girls Senior 800 Free	53	---	10.39
	31.04	1:03.88 1:37.20 2:10.62 2:44.49 3:18.52 3:52.76 4:27.30			
	(31.04)	(32.84) (33.32) (33.42) (33.87) (34.03) (34.24) (34.54)			
	5:02.11	5:37.06 6:11.63 6:46.77 7:21.84 7:57.29 8:32.21 9:06.58			
	(34.81)	(34.95) (34.57) (35.14) (35.07) (35.45) (34.92) (34.37)			

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Time	F/P/S	Event	Place	Points	Improv
2:19.50L	JRLC P # 9	Girls Senior 200 Fly	56	---	0.02
	32.13	1:06.27 1:42.92 2:19.50			
	(32.13)	(34.14) (36.65) (36.58)			
2:10.22L	SUSE P # 11	Girls Senior 200 Free	134	---	3.59
	30.75	1:03.59 1:36.90 2:10.22			
	(30.75)	(32.84) (33.31) (33.32)			
4:25.39L	SCNA P # 19	Girls Senior 400 Free	45	---	-1.05
	30.66	1:03.42 1:36.77 2:10.72 2:44.61 3:18.94 3:52.61 4:25.39			
	(30.66)	(32.76) (33.35) (33.95) (33.89) (34.33) (33.67) (32.78)			
<b>Stephenson, Harry C (16) B</b>					
4:49.50L	SPSE P # 14	Boys Senior 400 IM	106	---	10.48
	31.17	1:06.12 1:42.12 2:18.23 3:01.53 3:43.91 4:16.95 4:49.50			
	(31.17)	(34.95) (36.00) (36.11) (43.30) (42.38) (33.04) (32.55)			
4:16.49L	SUSE P # 20	Boys Senior 400 Free	122	---	7.75
	29.47	1:01.32 1:33.66 2:06.47 2:39.16 3:11.91 3:44.58 4:16.49			
	(29.47)	(31.85) (32.34) (32.81) (32.69) (32.75) (32.67) (31.91)			
	F # 32	Boys Senior 1500 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00)			
	(0.00)	(0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00)			
	(0.00)	(0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00)			
	(0.00)	(0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00) (0.00)			