

Improvement Report
2025 GCST Friday Night at the
Meet Date: 02/21/2025
Location: Fort Myers, FL
Report Date: 02/23/2025
Time Standard: 25-28 Nat AG Motifs

Athlete Name	Age	Gen	Event	P/I/T	Place	Points	Time	Standard	Base Line	Improvement	New Best	Cut Time	Standard
Alfaro, Amadeo	16	M	15 & Over 100 Back	F	3	16.00	1:17.23Y		1:15.74Y	1.49			
Alfaro, Amadeo			15 & Over 100 Free	F	4	15.00	1:02.98Y		1:01.52Y	1.46			
Alfaro, Amadeo			15 & Over 50 Free	F	2	17.00	27.63Y	B	27.20Y	0.43			
Bennett, Elizabeth	14	F	13-14 100 Breast	F	1	20.00	1:13.42Y	A	1:14.39Y	-0.97	Times	FLAGS Champs	
Bennett, Elizabeth			13-14 100 Free	F	2	17.00	56.98Y	AA	56.94Y	0.04			
Botello, Gabriella	9	F	10 & Under 50 Back	F	3	16.00	38.62Y	BB	37.84Y	0.78			
Botello, Gabriella			10 & Under 50 Free	F	2	17.00	32.86Y	BB	31.58Y	1.28			
Botello, Gabriella			10 & Under 500 Free	F	2	17.00	6:34.29Y	AA	6:38.30Y	-4.01			
Botello, Lucas	11	M	11-12 50 Back	F	1	20.00	39.21Y		39.63Y	-0.42			
Botello, Lucas			11-12 50 Free	F	2	17.00	32.68Y	B	31.67Y	1.01			
Botello, Lucas			11-12 500 Free	F	1	20.00	6:27.45Y	BB	6:22.43Y	5.02			
Boukhanov, Ivan	9	M	10 & Under 100 Free	F	1	20.00	1:58.54Y						
Boukhanov, Ivan			10 & Under 50 Breast	F	4	15.00	1:07.76Y		1:02.08Y	5.68			
Bushko, Anna	13	F	13-14 200 Fly	F	1	20.00	2:28.51Y	BB	2:27.99Y	0.52			
Bushko, Anna			13-14 500 Free	F	2	17.00	5:26.45Y	AA	5:33.44Y	-6.99	Times	FLAGS Champs	
Bushko, Katia	15	F	15 & Over 200 Fly	F	2	17.00	2:19.63Y	A	2:14.61Y	5.02			
Bushko, Katia			15 & Over 200 Free	F	1	20.00	1:59.01Y	AA	1:58.07Y	0.94			
Davis, Bowen	13	M	13-14 100 Free	F	1	20.00	56.26Y	BB	56.81Y	-0.55			
Davis, Bowen			13-14 200 Fly	F	2	17.00	2:24.38Y	BB					
Eastman, Sydney	17	F	15 & Over 200 Breast	F	1	20.00	2:51.82Y	B					
Eastman, Sydney			15 & Over 200 Fly	F	1	20.00	2:12.89Y	AA	2:12.22Y	0.67			
Eastman, Sydney			15 & Over 50 Fly	F	1	20.00	27.17Y		26.96Y	0.21			
Florek, Josef	16	M	15 & Over 100 Back	F	1	20.00	58.67Y	BB	55.24Y	3.43			
Florek, Josef			15 & Over 50 Back	F	1	20.00	28.05Y		26.01Y	2.04			

Florek, Josef			15 & Over 50 Free	F	1	20.00	24.41Y	BB	23.12Y	1.29	
Garnier-Chan, Kallen	13	M	13-14 200 Fly	F	1	20.00	2:22.14Y	BB	2:24.50Y	-2.36	
Graves, Colton	8	M	10 & Under 50 Back	F	3	16.00	48.79Y		46.18Y	2.61	
Graves, Colton			10 & Under 50 Fly	F	2	17.00	50.18Y		56.75Y	-6.57	
Graves, Colton			10 & Under 50 Free	F	4	15.00	43.32Y		42.56Y	0.76	
Graves, Connor	13	M	13-14 100 Free	F	2	17.00	1:01.77Y	B	1:02.92Y	-1.15	
Graves, Connor			13-14 200 Free	F	1	20.00	2:18.68Y	B	2:22.69Y	-4.01	
Graves, Connor			13-14 50 Back	F	1	20.00	32.92Y		32.07Y	0.85	
Guthrie, Colton	5	M	10 & Under 50 Back	F	8	11.00	1:41.93Y				
Guthrie, Colton			10 & Under 50 Free	F	8	11.00	1:42.56Y				
Guthrie, Hayden	8	M	10 & Under 100 Free	F	2	17.00	2:00.96Y		1:49.64Y	11.32	
Guthrie, Hayden			10 & Under 50 Back	F	4	15.00	52.47Y		53.67Y	-1.20	
Guthrie, Hayden			10 & Under 50 Free	F	7	12.00	51.94Y		48.33Y	3.61	
Hanoman, Karunesh	10	M	10 & Under 100 Back	F	1	20.00	1:25.30Y	BB	1:25.29Y	0.01	
Hanoman, Karunesh			10 & Under 50 Back	F	1	20.00	39.90Y	BB	40.30Y	-0.40	
Hanoman, Karunesh			10 & Under 50 Free	F	1	20.00	34.31Y	BB	33.92Y	0.39	
Jaquins, Alexis	13	F	13-14 100 Back	F	1	20.00	1:05.20Y	A	1:06.62Y	-1.42	
Jaquins, Alexis			13-14 200 Back	F	1	20.00	2:16.17Y	AA	2:19.43Y	-3.26 Times	FLAGS Champs
Keefe, Molly	13	F	13-14 100 Breast	F	2	17.00	1:44.97Y		1:37.80Y	7.17	
Keefe, Molly			13-14 100 Fly	F	1	20.00	1:30.07Y		1:31.61Y	-1.54	
Keefe, Molly			13-14 50 Fly	F	3	16.00	33.90Y		33.96Y	-0.06	
Kirby, Nicholas	16	M	15 & Over 100 Fly	F	1	20.00	56.53Y	A	52.79Y	3.74	
Kirby, Nicholas			15 & Over 100 Free	F	2	17.00	50.64Y	AA	47.94Y	2.70	
Kirby, Sarah	14	F	13-14 100 Free	F	1	20.00	56.37Y	AA	54.75Y	1.62	
Kirby, Sarah			13-14 50 Free	F	1	20.00	26.79Y	A	25.20Y	1.59	
LaFleur, Hadley	10	F	10 & Under 100 Free	F	1	20.00	1:08.95Y	A	1:10.00Y	-1.05	
LaFleur, Hadley			10 & Under 50 Back	F	2	17.00	38.14Y	BB	38.48Y	-0.34 Times	FLAGS Champs
LaFleur, Hadley			10 & Under 50 Breast	F	1	20.00	42.58Y	A	42.81Y	-0.23	

Lopez, Cesar	15	M	15 & Over 100 Breast	F	1	20.00	1:17.64Y		1:19.43Y	-1.79	
Lopez, Cesar			15 & Over 100 Free	F	3	16.00	57.08Y	BB	57.10Y	-0.02	
Lopez, Cesar			15 & Over 200 Fly	F	1	20.00	2:18.51Y	BB	2:18.81Y	-0.30	
Mammano, Emma	13	F	13-14 100 Free	F	3	16.00	1:00.00Y	A	1:01.95Y	-1.95	
Mammano, Emma			13-14 50 Fly	F	2	17.00	32.99Y		31.13Y	1.86	
Mammano, Emma			13-14 50 Free	F	2	17.00	28.06Y	BB	27.81Y	0.25	
Maus, Journey	9	F	10 & Under 100 Back	F	1	20.00	1:23.42Y	BB	1:25.12Y	-1.70 Times	FLAGS Champs
Maus, Journey			10 & Under 50 Back	F	4	15.00	39.57Y	BB	39.20Y	0.37	
Maus, Jude	12	M	11-12 100 Free	F	1	20.00	1:05.63Y	BB	1:04.24Y	1.39	
Maus, Jude			11-12 100 IM	F	1	20.00	1:14.58Y	BB	1:15.94Y	-1.36	
Maus, Jude			11-12 50 Free	F	1	20.00	30.04Y	BB	30.11Y	-0.07	
Mayo, Daniel	13	M	13-14 200 Fly	F	3	16.00	2:32.36Y	B	2:31.10Y	1.26	
Mayo, Daniel			13-14 50 Fly	F	1	20.00	31.74Y		31.85Y	-0.11	
Mayo, James	9	M	10 & Under 100 IM	F	1	20.00	1:26.69Y	BB	1:29.36Y	-2.67	
Mayo, James			10 & Under 50 Breast	F	1	20.00	44.03Y	BB	44.45Y	-0.42	
Mayo, James			10 & Under 50 Fly	F	1	20.00	38.83Y	BB	40.46Y	-1.63	
Mondragon, Grayson	11	M	11-12 200 Free	F	1	20.00	2:14.81Y	BB	2:15.80Y	-0.99	
Mondragon, Grayson			11-12 50 Fly	F	1	20.00	30.77Y	A	30.71Y	0.06	
Narvaez, Andres	15	M	15 & Over 200 Back	F	1	20.00	2:07.88Y	BB	2:10.15Y	-2.27 Times	2025 Florida Senior
Narvaez, Andres			15 & Over 50 Fly	F	2	17.00	26.76Y		26.88Y	-0.12	
Nguyen, Dan	14	M	13-14 100 Breast	F	1	20.00	1:34.59Y		2:05.49Y	-30.90	
Nguyen, Dan			13-14 100 Free	F	3	16.00	1:12.06Y		2:17.53Y	-1:05.47	
Nguyen, Dan			13-14 100 IM	F	1	20.00	1:29.70Y				
Rodriguez, Tomas	26	M	15 & Over 100 Fly	F	2	17.00	1:07.04Y		1:04.66Y	2.38	
Rodriguez, Tomas			15 & Over 400 IM	F	1	20.00	5:22.05Y		5:08.47Y	13.58	
Ross, Connor	11	M	11-12 50 Back	F	2	17.00	40.88Y		40.28Y	0.60	
Ross, Connor			11-12 50 Breast	F	1	20.00	52.35Y		52.50Y	-0.15	
Ross, Connor			11-12 50 Free	F	3	16.00	35.81Y		38.63Y	-2.82	
Ross, Max	8	M	10 & Under 50 Back	F	7	12.00	1:03.85Y				

Ross, Max			10 & Under 50 Free	F	6	13.00	51.69Y			
Ruhomon, Ariya	9	F	10 & Under 100 Back	F	3	16.00	1:39.09Y	B	1:40.74Y	-1.65
Ruhomon, Ariya			10 & Under 50 Back	F	6	13.00	47.13Y	B	44.54Y	2.59
Ruhomon, Ariya			10 & Under 50 Free	F	6	13.00	36.12Y	B	37.23Y	-1.11
Ruiz, Elliana	13	F	13-14 200 Fly	F	2	17.00	2:38.02Y	BB	2:33.65Y	4.37
Ruiz, Elliana			13-14 200 Free	F	3	16.00	2:11.03Y	A	2:09.61Y	1.42
Ruiz, Elliana			13-14 500 Free	F	3	16.00	5:39.32Y	A	5:33.46Y	5.86
Ruiz, Jonathan	14	M	13-14 50 Breast	F	1	20.00	32.75Y		35.39Y	-2.64
Ruiz, Jonathan			13-14 50 Free	F	1	20.00	25.40Y	A	25.05Y	0.35
Rutherford, Fallyn	6	F	10 & Under 50 Fly	F	1	20.00	59.39Y			
Rutherford, Fallyn			10 & Under 50 Free	F	7	12.00	50.64Y		51.14Y	-0.50
Rutherford, Mackenna	13	F	13-14 100 Back	F	2	17.00	1:07.45Y	BB	1:06.46Y	0.99
Rutherford, Mackenna			13-14 400 IM	F	1	20.00	5:01.13Y	A	5:11.08Y	-9.95
Rutherford, Mackenna			13-14 500 Free	F	1	20.00	5:26.43Y	AA	5:28.60Y	-2.17 Times
Sanderson, Amelia	11	F	11-12 100 IM	F	1	20.00	1:16.57Y	BB	1:15.52Y	1.05
Sanderson, Amelia			11-12 50 Free	F	1	20.00	29.55Y	BB	29.79Y	-0.24
Sanderson, Amelia			11-12 500 Free	F	1	20.00	5:57.10Y	AA	5:59.41Y	-2.31
Sanderson, Isabella	14	F	13-14 200 Back	F	2	17.00	2:25.79Y	BB	2:23.96Y	1.83
Sanderson, Isabella			13-14 200 Free	F	1	20.00	2:07.14Y	A	2:05.18Y	1.96
Seluk, Hunter	17	M	15 & Over 200 Breast	F	2	17.00	2:30.66Y	BB	2:25.89Y	4.77
Seluk, Hunter			15 & Over 50 Fly	F	1	20.00	26.09Y		27.30Y	-1.21
Seluk, Parker	17	M	15 & Over 100 Back	F	2	17.00	1:00.14Y	BB	59.87Y	0.27
Seluk, Parker			15 & Over 200 Breast	F	1	20.00	2:29.53Y	BB	2:22.80Y	6.73
Seluk, Ryder	17	M	15 & Over 50 Fly	F	3	16.00	28.98Y		27.57Y	1.41
Seluk, Ryder			15 & Over 50 Free	F	3	16.00	27.76Y		26.72Y	1.04
Skripnikov, Zachary	10	M	10 & Under 50 Back	F	5	14.00	52.85Y		49.55Y	3.30
Skripnikov, Zachary			10 & Under 50 Breast	F	2	17.00	57.60Y		56.52Y	1.08

FLAGS Champs

Skripnikov, Zachary			10 & Under 50 Free	F	5	14.00	49.35Y		45.80Y	3.55
Thomas, Bence	7	M	10 & Under 50 Back	F	6	13.00	53.11Y		51.78Y	1.33
Thomas, Bence			10 & Under 50 Breast	F	3	16.00	1:01.60Y		1:02.17Y	-0.57
Thomas, Bence			10 & Under 50 Free	F	3	16.00	42.94Y		42.32Y	0.62
Thomas, Mia	10	F	10 & Under 50 Back	F	1	20.00	36.59Y	A	37.20Y	-0.61
Thomas, Mia			10 & Under 50 Free	F	1	20.00	30.05Y	AA	30.53Y	-0.48
Thomas, Mia			10 & Under 500 Free	F	1	20.00	6:23.47Y	AA	6:34.93Y	-11.46
Walczak, Anthony	11	M	11-12 50 Back	F	3	16.00	44.08Y		43.51Y	0.57
Walczak, Anthony			11-12 50 Fly	F	2	17.00	48.71Y		46.61Y	2.10
Walczak, Anthony			11-12 50 Free	F	4	15.00	36.76Y		36.82Y	-0.06