

Plan For Starting Practices at San Carlos Park Community Pool

Our plan is based on the USA Swimming Recommended Guidelines for Re-Opening facilities on a limited basis. We will only allow up to 25 people in the facility including coaches, and swimmers only.

BEFORE PRACTICE:

Swimmers must come to practice in their training swimsuit.

All equipment must be brought with the swimmer as no equipment can be left at the facility.

We will check each athlete upon entrance to the facility with a handheld device that rapidly checks their temperature, and will be questioned as to any illness symptoms.

Any swimmer feeling ill, coughing, or with an abnormal temperature will have their parent contacted and will be asked to leave immediately.

Parents are to drop their child off and wait until practice is over outside of the facility.

Entrance to the parking lot will be from Sanibel Boulevard only, and must exit onto Zinnia Road only.

Please park in a marked space and do not wait or block the parking lot traffic pattern.

Parents will be required to remain outside the facility, remain in their vehicle, as the swimmers must be picked up immediately after practice is completed for their child.

Swimmers must remain in their cars until the pool facility door opens allowing them entrance into the pool deck one at a time, through the Entrance Door only. The facility pool door will close at the posted practice start time. Social distancing of 6 feet apart must be maintained while waiting to come in. Swimmers are not to congregate outside until their practice time begins, remain in your vehicle with your parent/guardian until the practice start time.

A USA Swimming Official or coach member will check their temperature and approve their entrance in the hallway of the facility.

Upon entrance to the facility, the swimmers will be instructed on where to leave their equipment bag and dry bag/backpack. They will then report to their assigned training lane per the Lane Assignment schematic which will be posted online and on the bulletin board at the facility.

The front door to the pool will close at the posted practice times. Late swimmers will not be allowed to enter.

Swimmers will be pre-assigned to specific lanes with a “both end” use, meaning one swimmer at one end and another swimmer at the other end of the pool. Coaches will help direct them to their assigned lane location.

DURING PRACTICE:

Restrooms are for emergency use only. A “one at a time” rule is in our policies and will be strictly enforced.

Equipment is not to be shared for any reason. Water bottles must be filled at home and are not to be shared. They will not be refilled during practice.

AFTER PRACTICE:

Swimmers must leave the facility immediately in their swimsuit and are not permitted to change in the locker room or on the pool deck. Swimmers must shower at home. Please exit in an expeditious manner as another group may be waiting to come in. Do not dawdle and or socialize in the facility.

Swimmers exiting the facility, must use the **side gate only** and go immediately to their car.

PARENTS:

Please go over these procedures with your child(ren) so they fully understand the importance of these rules and regulations that we must adhere to for pool usage by Lee County Parks and Recreation.

COACHES:

Coaches or a USA Swimming Member will disinfect all areas once our practice is completed.

Coaches and staff volunteers will wear a face mask (and gloves are available) at all times at the facility.

Any swimmers, or parents not adhering to these policies will be asked to leave the facility immediately, and will not be allowed to return until such a time we determine that they understand, and can follow these procedures.

Our swimmer's and staff safety is of the utmost concern and we will do everything possible in our power to maintain a healthy and positive training situation.

Sincerely,

Don Henshaw
Senior Coach / Team Director